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title : Research Invitation email

Description: March 15, 2023 Setup of Individual Research Interviews

Content:

Hybrid Workplace Interview with Pavla

Thank you for agreeing to share your virtual work experiences. All you need to do is to pick a 30-minute time slot in my calendar (just go to calendly.com/pavla_cal) and then show up for our call. I will look forward to chatting. That's it.

But if you are curious or want to prepare, read on ...

Virtual and hybrid work is here to stay. I know that one size doesn't fit all, so I am guessing that you have been left navigating this new reality on your own trying to figure out what works for you. It's time to crowdsource and share this precious collective wisdom!

Here is my promise to you:

- Your advice will go straight to helping others. No academia. No HR policy. No ulterior motives. Just friends helping friends make it in the hybrid workplace.
- Your honesty is critical. To honor it, I will protect your privacy. The gems from our conversation will be anonymized, summarized, and categorized right after our call. All recordings will be deleted then, typically within 24 hours.
- I will share the outcome of the study when it's done. I don't know yet how useful the results will be, but here is hoping that we will enjoy learning from one another.

If you want to give it some thought before the interview, please just think back to your favorite recent virtual teamwork accomplishment. What made it productive for you? What did your teammates do well? What would you do differently in your next project?

In the actual interview we will probe into three areas:

- Your virtual work setup. How do you take care of your body and soul? What's your virtual office like? How do you organize and schedule your virtual work day? What helps you stay happy, healthy, and get your work done?
- Meetings, meetings, meetings. How do you like to participate in virtual meetings? Think of "who", "how", "when", "how long". When you are the organizer, what gets the best outcomes from your virtual coworkers?
- Collaboration and work camaraderie. How do you build professional connections virtually? What about career advancement and learning? The need, format and frequency for intentional in-person teamwork to complement virtual work.

Still wondering or have more questions? I am only an email away.

With huge thanks, Pavla Selepova